

### Flu Watch

#### MMWR Week 5: January 27 to February 2, 2019

All data are provisional and subject to change as more reports are received.

#### **Geographic Spread**

South Carolina reported widespread activity this week. This is the fifth consecutive week at widespread activity.

#### Influenza Activity



Overall, there was an increase in influenza activity this week.

#### Regional Influenza Activity



Increase



Increase



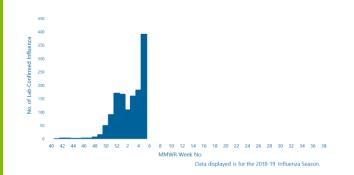
Increase



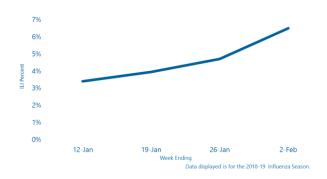
Increase

Virologic Surveillance

This week there were **391** lab-confirmed tests reported. Influenza A was most frequently reported. In the current flu season, there has been 1351 lab-confirmed tests reported.



Influenza-Like Illness Surveillance The percent of patient visits to sentinel providers for an influenza-like illness (ILI) was 6.5%, which is above South Carolina's baseline (3.53%). The ILI activity level overall was high.



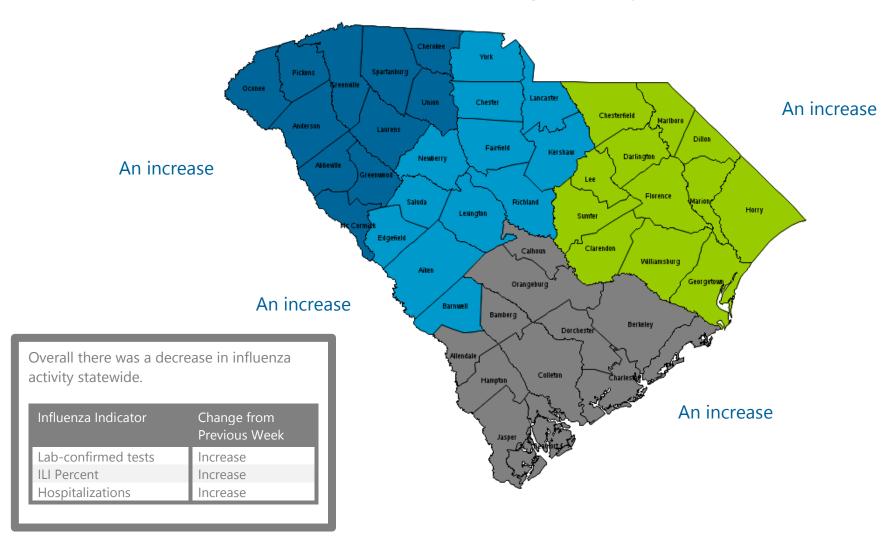
Influenza-Associated Hospitalizations This week 189 influenza-associated hospitalizations were reported by 59 hospitals. The cumulative hospitalization rate is 18.2 per 100,000. In the current flu season, there have been 915 influenza-associated hospitalizations.

Influenza-Associated Deaths This week 4 influenza-associated deaths were reported; however, 1 death occurred during previous weeks. The cumulative mortality rate is 0.5 per 100,000. In the current flu season, there have been 25 influenza-associated deaths.

For a description of South Carolina's influenza surveillance components and definitions go to: http://www.scdhec.gov/Health/DiseasesandConditions/Infectio usDiseases/Flu/FluData/

## Influenza Activity\*

### In the 4 Public Health Regions, activity showed...



\*Indicators for assessing influenza activity include: lab-confirmed tests, ILI percent, and hospitalizations.

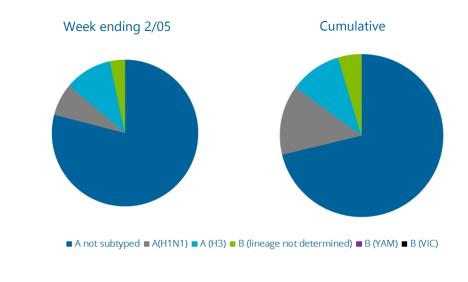
### Virologic Surveillance

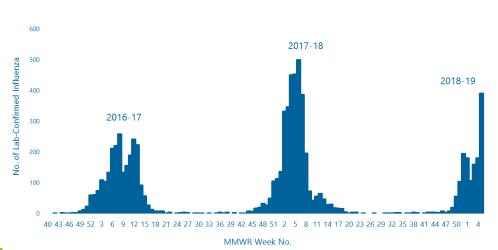
Influenza Type	Season Totals To Date							
No. (%)	This Week	2018-19	2017-18	2016-17	5 season average			
Overall	391	1351	2098	593	806			
Influenza A	378 (96.7)	1288(95.3)	1669(79.6)	432(72.8)	680(84.4)			
A(H3)	41 (10.8)	139(10.8)	392(23.5)	158(36.6)	170(25.1)			
A(H1N1)	28 (7.4)	187(14.5)	105(6.3)	28(6.5)	133(19.5)			
A(NS)*	309 (81.8)	962(71.2)	1172(70.2)	246(56.9)	377(55.4)			
Influenza B	13 (3.3)	63(4.7)	429(20.4)	161(27.2)	126(15.6)			
B (Victoria)					0			
B (Yamagata)			31(7.2)		6(4.9)			
B (LND)+	13 (100)	63(100)	398(92.8)	161(100)	120(95.1)			

\*NS – not subtyped

\*LND – lineage not determined

Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2018-19 influenza season began on September 30, 2018 and will end on September 28, 2019.



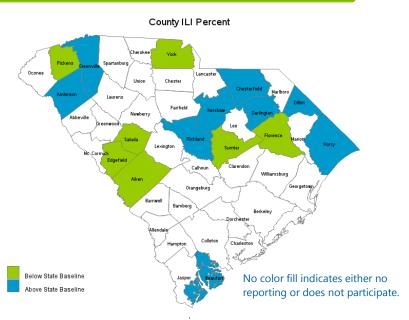


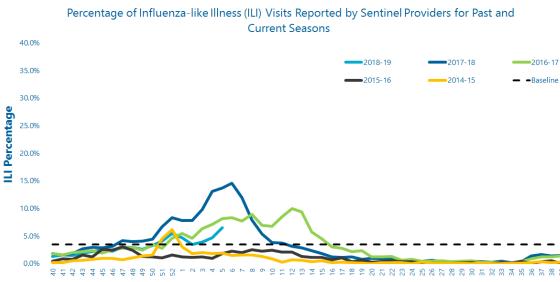
### Influenza-Like IIIness Surveillance

This week, the ILI activity level was high and 6.5% of patient visits to SC ILINet providers was attributed to an influenza-like illness. This is above the state baseline, 3.53%.

Reports were received from providers in 16 counties, representing all DHEC Public Health regions.

\*\*ILI percentage is dependent upon the number of reporting providers and/or can vary by disease activity or the number of providers submitting reports.\*\*





MMWR Week

### State ILI Activity Level 2018-19 Calendar by Week of the Year

OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP
40	44	48	1	5	9	14	18	22	27	31	
41	45	49	2	6	10	15	19	23	28	32	37
42	46	50	3	7	11	16	20	24	29	33	38
43	47	51	4		12	17	21	25		34	39
		52			13			26		35	

ILI ACTIVITY LEVELS: MINIMAL LOW MODERATE HIGH

# Influenza-Associated Hospitalizations And Deaths

Hospitalizations No. (Rate)	Overall	Ages 0-4	Ages 5-17	Ages 18-49	Ages 50-64	Ages 65+
This Week	189(3.8)	9(3.1)	8(0.3)	27(1.3)	34(3.4)	112(12.9)
2018-19	915(18.21)	50(17.0)	35(4.3)	143(7.0)	229(22.9)	560(53.2)
2017-18	2902(57.8)	96(32.7)	72(8.9)	356(17.3)	647(64.8)	1731(200.2)
2016-17	619(12.5)	33(11.3)	34(4.2)	100(15.5)	154(4.1)	298(35.9)
5 season average	1446(29.4)	79(27.0)	54(6.7)	230(11.3)	335(34.2)	748(95.5)

Deaths No. (Rate)	Overall	Ages 0-4	Ages 5-17	Ages 18-49	Ages 50-64	Ages 65+
This Week	3(0.2)					3 (0.2)
2018-19	25 (0.5)	2(0.7)		1(0.1)	9(0.9)	13(1.5)
2017-18	161(3.2)	1(0.3)		14(0.7)	33(3.3)	113(13.1)
2016-17	19(0.4)	0	1(0.1)	1(0.0)	2(0.2)	15(1.8)
5 season average	70(1.4)	0 (0.1)	1 (0.1)	7(0.3)	13(1.2)	49(6.1)

